

QP Code: 108009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations April 2022**

Swasthavrutha

Time: 3 Hours

Max Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Essay

(2x10=20)

1. What is adanakala (आदान काल). Explain the effect of adana kala (आदान काल) on body and mention the charya (चर्य) .
2. Definition of health according to WHO. Explain various dimensions of health.

Short Notes

(10x5=50)

3. Differentiate between abhyanga (अभ्यंग) and udwarthana (उद्वर्तन).
4. Classify nidra (निद्रा). Mention its indication and contra indication.
5. Discuss about Pasteurization of milk.
6. Discuss the sources and deficiency disorders of B group vitamins.
7. Explain samashana (समाशन), vishamashana (विषमाशन) and adhyashana (अद्यशन).
8. What are the complication of vit nutra vega rodha (विट नूत्र वेग रोद) and its treatment.
9. Nasya karma (नस्य कर्म) in swasta vritta(स्वस्थ वृत्त) .
10. Water pollution.
11. Explain bhojana vidhi (भोजन विधि).
12. Explain modes of diseases transmission.

Answer Briefly

(10x3=30)

13. Hamsodaka (हमसोदक)
14. Virudha ahara janya vyadhis (विरुधाहारजन्य व्याधि)
15. Pulse polio immunization
16. Anganwadi worker
17. Cold chain
18. Marasmus
19. Arogya lakshana (आरोग्य लक्षण)
20. Anjana karma (अञ्जन कर्म)
21. Vitamin –D
22. Functions of primary health centre
